

## Student Career Planning Through Group Guidance Services

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DOI: <https://doi.org/10.21107/Widyagogik/v11i1.18081>

Received October 28, 2022; November 19, 2022; Accepted December 26, 2022

### Abstract

*Career planning for students is important to optimize by providing the best stimulation. One of the stimulations that can be done by counseling teachers is by providing group guidance services. The purpose of this study was to find out how the role of group guidance services in improving career planning in students. The method used in this research is the library research method. The way of collecting data in this study is by using the documentation method and collecting written sources related to career planning using group guidance services. The results of this study explained that group guidance services can improve career planning in students. This article has implications for encouraging counseling teachers to use the group counseling service method to introduce career planning to students.*

**Keywords** – Career Planning; Group Guidance; Students



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## **1. Introduction**

Education is a system that is made systematically related to other systems aimed at increasing the value of a person's life in aspects of his life (Tri Sayekti, 2016). The form of effort that is done by someone to increase the value of his life can be reached through the education system. In education has various purposes that aim to improve one's quality of life, by having an education one will be considered more valuable when entering the world of work. Through education students will be taught about future designs.

Every student will definitely develop through the education he takes. Either developing his way of thinking, attitude or increasing his knowledge. Any knowledge gained by students will certainly relate to and influence their future. Students will definitely think about how to achieve what they want to do and what jobs they will get.

Currently, students still have doubts about choosing a career or job they will take (Bagaskara et al., 2021). Students who still do not have or understand what they will do after taking higher education. They are still worried about going to college or working (Adityawarman, 2021). Most students are still unsure about making a decision about the next step for choosing their career.

This requires guidance from experts related to career selection, namely a Guidance and Counseling teacher. One of the main tasks of the guidance and counseling teacher is to help students to solve the problems they face both regarding personal matters or related to choosing a career for their future. The importance of career selection for students so that they are more organized in determining what kind of future they want to do. But with guidance that supports their every decision.

Rahmawati explained that providing guidance services to students related to their future plans is very influential in changing students' mindsets regarding the future they want to pursue (Witriani, 2015). Richa explained that the importance of careful future planning for students so that there will be no regrets in the future. This can be done by introducing future planning patterns through

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group guidance (Syaiffina, 2019). Debora explained that career planning needs to be improved by using classical guidance related to students' future plans (Wibowo et al., 2021).

The importance of career planning for students related to their future. When discussing their future it means relating to their next life. Careful career planning will help them make it easier to achieve what they want. In this regard, this article would like to discuss how group guidance services can improve career planning in students. So the researcher wants to study it by raising the title "Literature Study Improving Student Career Planning Through Group Guidance Services".

### ***Career Planning***

Career planning is a stage that is carried out by everyone to determine and take the next steps related to their future. As well as the ways taken by individuals to achieve the targets that have been set in their lives (Nehru Meha & Adiyati Fathu Roshonah, 2014).

Career planning is a way that is taken by someone with the aim of achieving what he wants in his life and related to his future life. Both in terms of the education he wants to take, the job he wants to take and the business he wants to do.

### ***Factors Influencing Career Planning***

Factors that affect one's career planning are derived from internal factors and external factors. Internal factors are related to the understandings that exist in his life related to the principles of life, level of education, potential within himself and the condition of his body. External factors are related to the influence of the surrounding community which can influence the mindset, the education he takes, the family that teaches many things, related to the socio-economic status of his family (Nuraini, 2016).

Many factors influence a person's career planning both from the outside and from within. Influence from within plays a role in the mindset and potential that each person has in relation to the career they will pursue. Outside influences

will affect the attitudes and arrangements of what they will do to pursue what they want.

### **Group conseling**

Group guidance is a way that is done together to help someone solve their problems (Isnaini, 2016). Group guidance is a method in guidance and direction services that is carried out by forming several students into small groups to get material or even tell each other about many things and can also be used as a medium to ask for the consideration of others in terms of decisions to be taken (Alawiyah, 2020 ).

Group guidance can be said as a way that can be done by experts in guidance to solve student problems in groups. In this case the guidance and counseling teacher will form a small group of 3-4 or more people to discuss various problems experienced by members of the group. The purpose of forming a group is to understand each other and be able to provide advice in making decisions.

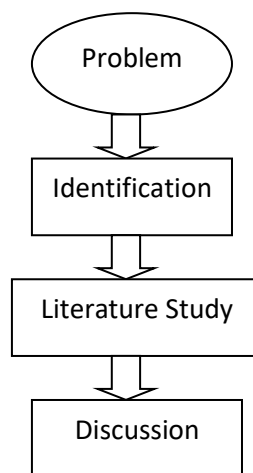
Fungsi dari bimbingan kelompok itu adalah memberikan informasi, membuat sebuah pengembangan yang berkaitan dengan kemajuan seseorang, memberikan sebuah solusi yang kreatif berkaitan dengan masalah yang mereka hadapi serta memberikan sebuah pencegahan berkaitan dengan permasalahan yang dihadapi (Habsoh, 2018). Fungsi memberikan informasi dilakukan dengan memberikan informasi kepada orang lain berkaitan dengan permasalahan ataupun informasi yang baru. Fungsi membuat sebuah pengembangan ditujukan kepada seseorang yang mengalami permasalahan diberikan sebuah motivasi serta penguatan agar mampu bangkit menghadapi semua yang dialaminya. Fungsi pemberian solusi kreatif berkaitan dengan permasalahannya dapat dilakukan memberikan sebuah motivasi serta solusi yang dapat membantu menyelesaikan masalahnya. Fungsi pencegahan dilakukan dengan tujuan agar tidak meremehkan pentingnya perencanaan karir.

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## 2. Method

The method used is to use the literature study method, in this method all data collected comes from journals, books, scientific articles and other sources. in this approach can provide information related to the manners of speaking in Islam (Zed, 2008). This approach begins when researchers find problems, identify problems found, collect data from various sources, then analyze the discussion and finish.

The research scheme can be seen in the figure below:



**Figure 1.** Chart of the research method

## 3. Result and Discussion

With regard to the use of group guidance services to improve student career planning, researchers conducted a journal analysis related to the theme of increasing student career planning with group guidance services as follows:

The group guidance process provides a service by forming small groups that allow each student to interact with one another. When interacting they will exchange ideas, exchange information and various solutions that can help solve the problem. Group guidance makes students more confident in expressing their opinions and is active in discussions related to career planning during the

guidance process. Various research journals discuss the success of group counseling services in improving student career planning.

The first journal conducted by Fadillah explained that group guidance services related to careers were proven to increase student interest in career planning. In the process of group guidance, students are active and share information about the stages of career planning, self-introspection from career planning mistakes and students have confidence in facing the future (Nuraini, 2016).

The second journal conducted by Nengsih explained that one form of guidance and counseling services is group guidance services. In this case, group guidance is proven to have an influence on planning the career direction of students in senior high schools (SMA). Various forms of group services carried out in this study by forming small, medium and large groups were brought together from different or the same cases. All of the results show that the group counseling method can increase the level of career planning in students (Nengsih, 2015).

The third journal proposed by Mirawati is that group guidance services can motivate students to make future plans. This was proven through research on Budi Agung Medan High School students which stated that there was a positive influence from group guidance services on future planning. By applying the pre-test and post-test systems showing a high level, from the beginning they still did not want to make career plans after being given treatment through group guidance, students became enthusiastic about planning related to future careers (Mirawati, 2018).

The fourth journal conducted by Aliqol explained that the application of group guidance services can improve career planning for students. The use of role playing techniques by forming small groups and then playing simple games in turns is proven to improve career planning in students. In a fun way, sharing information makes students consider and engage in planning related to their future career (Ana & Wibowo, 2017)

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The fifth journal conducted by Katharina et al explained that the group guidance model was proven to be able to improve career maturity planning for students at SMK Negeri Kota Kupang. The group guidance model is carried out using telkin active modeling by providing a real example of the success of someone who planned his career during his school days. Students will be more receptive if there is real evidence of someone's success through future planning. By providing active modeling group guidance, students are excited to make plans related to the career they want to do (Edeltrudis et al., 2017).

The sixth journal conducted by Adhelia et al explained that increasing the level of career planning carried out by students at SMA N 1 Moga was due to using group guidance by applying modeling techniques. Initially, students were still confused about determining future careers due to a lack of knowledge about higher education until they finally gave up on the situation. After undergoing group guidance they became open about the many good universities that could channel their potential (Novanti et al., 2021).

The various journals above have explained how the success of group guidance services in improving future career planning in students. By using various techniques from modeling, role playing which can be used to explain how important it is to plan a career related to the future. In group guidance each student will exchange information about the college that is suitable for him, what kind of work is in accordance with his potential, so that students have no doubts and regrets in the future.

#### **4. Conclusion**

Based on the results of this literature study, researchers can draw conclusions that group guidance services can be used to increase the level of sensitivity of students in planning future careers. Both from career planning to college or career planning to work in what field suits their interests and talents.

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